

MADHUSTHALI INSTITUTE OF TEACHER TRAINING

Ed.

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Plot No. 86, Salaiya, Madhupur, Deoghar, Jharkhand-815353

B.Ed. Programme Outcomes

The teachers will be able to achieve following outcomes by the end of the programme:

1. Commitment to Learning and Service:

Prepare teachers dedicated to fostering learning and serving the nation with unwavering commitment.

2. Innovative Perspectives and Professional Competencies:

Develop innovative perspectives in education and cultivate essential professional competencies for effective teaching.

- 3. Enhanced Pedagogical Skills: Improve pedagogical skills to address classroom challenges efficiently.
- Addressing Academic and Personal Issues: Utilize appropriate methods to address both academic and personal issues of learners.
- Integration of Critical Thinking: Foster critical thinking skills and integrate them into teaching practices for effective assessment.
- Interpersonal Effectiveness and Collaborative Learning: Strengthen interpersonal effectiveness through collaborative and cooperative learning strategies within diverse teams.
- Cultivation of Self-Directed Learning: Cultivate self-directed learning habits for continual personal and professional growth and the creation of positive learning environments.
- 8. Experiential Learning Opportunities: Provide ample opportunities for experiential learning and skill development.
- 9. Understanding of Socio-Cultural and Political Systems: Recognize the role of teachers within socio-cultural and political systems, particularly within the educational framework.
- **10. Promotion of Value-Based Education:**

Promote value-based education to instill fundamental beliefs and a sense of social responsibility in students.

Programme Specific Outcomes

By the end of the course, student-teachers will be able to achieve the following specific outcomes:

- Understanding Teaching Pedagogy: Develop a comprehensive understanding of teaching pedagogy and related areas.
- Effective Communication Techniques: Utilize effective verbal, non-verbal, and media communication techniques to promote active inquiry, collaboration, and supportive interaction in the classroom.

3. Inclusive Classroom Management:

Understand classroom diversities and implement strategies to support diverse learners in an inclusive classroom setting, covering areas such as subject education, women's empowerment, environmental education, and content development.

4. Understanding Developmental Processes and Educational Policies:

Comprehend the developmental processes in physical, cognitive, social, and emotional domains, along with contemporary issues and educational policies in the Indian education system.

5. Teaching-Learning Methods and School Management:

Acquire knowledge of teaching-learning methods, educational strategies, epistemological foundations of education, school management, professional ethics, and gain practical experience through school internships.

6. Appreciation of Knowledge Structures:

Imbibe learning experiences to appreciate knowledge structures and paradigms of education.

7. Assessment and Evaluation:

Understand individual differences among students, measure their attainment, evaluate progress, assess learning abilities, guide programs, administer psychological tools, utilize ICT-based communication and teaching, and engage in lesson planning.

8. Development of Communication and Artistic Skills:

Develop skills and abilities in communication, reflection, art, aesthetics, theatre, self-expression, and ICT.

9. Formation of Teacher Identity:

Develop a self-identity as a teacher through school-based experiences and reflective practices, continually evaluating the effects of choices and actions.

10. Understanding Learner Nature and Diversity:

Gain insight into the nature of the learner, diversity, and learning processes.

11. Personalized Learning Experience Planning:

Plan learning experiences based on learner proficiency, interests, and experiences.

12. Utilization of Assessment Strategies:

Understand and use formal and informal assessment strategies to evaluate and ensure continuous intellectual, social, and physical development of learners.

13. Understanding Governance and Structural Provisions:

Comprehend the role of governance systems and structural provisions supporting school education.

14. Practical Teaching Experience:

Practice teaching in schools, including real and online teaching methods using various tools and software, catering to remote areas and diverse classroom settings.

15. Understanding Learning Processes:

Understand how children learn and develop, recognizing differences in learning approaches, and create adaptable learning opportunities for diverse learners and contexts.

Course Outcomes

TC-101: Childhood and Growing Up

After completion of the course the student will be able to -

- **1. Understanding Growth and Development:** Comprehend the meaning, nature, and characteristics of growth and development.
- 2. Recognition of Development Principles and Theories: Recognize the principles and theories underlying growth and development.
- 3. Knowledge Acquisition on Developmental Stages: Acquire knowledge about the various stages of development and their diverse aspects.
- 4. Analysis of Socioeconomic and Political Backgrounds: Analyze the developmental characteristics of children from different socioeconomic and political backgrounds.
- 5. Understanding Childhood and Adolescence: Gain insight into childhood, child development, and adolescence.
- 6. Examination of Urbanization and Economic Impact: Examine the effects of urbanization and economic changes on adolescent development.
- Critical Analysis of Influential Agencies: Critically analyze the influence of different agencies on child development.
- 8. Appreciation of Societal Influences: Appreciate the significance of gender, caste, social class, and their impacts on children.

TC-102: Contemporary India and Education

- Understanding Education as a National Agenda: Develop comprehension of education's role within the nation-state's agenda, including policy visions and efforts towards establishing a national education system.
- Engagement with Contemporary Indian Society and Education: Engage in discussions surrounding contemporary Indian society and its intersection with educational practices.
- Acquisition of Critical Analysis Tools: Obtain conceptual tools for critical analysis and gain experience in engaging with diverse communities.
- **4. Understanding Child Development in Socio-Cultural Contexts:** Develop an understanding of child development, learning processes, and the uniqueness of growing children within diverse socio-cultural contexts.
- Critical Examination of Psychological Constructs: Critically examine key universal constructs in developmental and educational psychology.
- Perspective Building within Indian Socio-Cultural Context: Develop the potential for perspective building grounded in the Indian socio-cultural context.

7. Analysis of Knowledge Structures:

Analyze the structure of knowledge as reflected in disciplinary streams and subjects.

8. Understanding Education for Children with Disabilities: Build knowledge, understanding, and sensitivity towards different perspectives in educating children with disabilities.

9. Comprehension of Assessment Practices:

Develop an understanding of the concept of assessment and its practical applications in educational contexts.

TC-103: Language across the Curriculum

After completion of the course the students will be able to -

- Comprehension of Language Concept and Forms: Gain understanding of the concept of language and its various forms, including acquired and learned languages.
- 2. Familiarity with Psychological Theories of Language Learning: Understand different psychological theories, principles, and approaches related to language acquisition and learning.
- 3. Understanding Language Forms and Contexts:

Recognize the different forms and varieties of language and their usage across various contexts.

- 4. Knowledge of Constitutional Provisions Regarding Languages in India: Acquire knowledge of the constitutional provisions regarding languages in India, including their status and recognition.
- 5. Appreciation of Language's Role:

Understand the multifaceted role of language as a subject of study, as a medium of instruction, and the significance of the mother tongue in educational settings.

TC-104: Understanding Discipline and Subjects

After completion of the course the students will be able to –

1. Understanding Child Nature and Learning Approaches:

Gain insight into the nature of children and various approaches they employ to learn within school and classroom settings.

- Development of Reflective Reasoning Skills: Develop the capacity for prospective teachers to engage in reflective reasoning and conceptual understanding of pedagogic practices and the learning process.
- 3. Capacity Building in Teaching Learning Material Preparation: Empower prospective teachers to create and utilize appropriate teaching-learning materials to enhance children's learning experiences.
- 4. Exposure to Assessment Modes and Effective Utilization:

Expose prospective teachers to different assessment methods and enable them to effectively employ these methods to promote classroom learning and monitor progress.

P-105: Reading and Reflecting on Text (EPC-1: Practicum)

After completion of the course the student will be able to -

- 1. Utilization of Language for Comprehension, Reflection, and Expression: Utilize language as a medium for understanding ideas, reflecting, thinking critically, and effectively expressing and communicating thoughts.
- 2. Improvement of Language Proficiency for Instructional Purposes: Enhance proficiency in the language of instruction, recognizing its significance for student teachers regardless of the subject areas they will teach.
- 3. Strengthening Reading, Thinking, Discussion, and Writing Skills: Strengthen abilities in reading, critical thinking, discussion, and effective written communication in the language of instruction.
- 4. Development of Reading Skills and Appreciation for Various Texts: Cultivate a preference for and skills in reading, including comprehension and interpretation of diverse text types and genres.
- Engagement with Ideas and Writing Styles: Learn to engage with ideas across various contexts and appreciate the different writing styles employed to communicate these ideas effectively.

TC-201: Learning and Teaching

After completion of the course the student will be able to -

- Comprehensive Understanding of Learner Development: Describe multiple dimensions of learner development and analyze their implications on the learning process.
- 2. Reflection on Learning Processes:

Reflect on the process of learning through various theoretical perspectives, recognizing the need to adopt appropriate approaches for effective learning outcomes.

- Recognition of Learner Diversities: Understand the learner in terms of diversities and assess their implications on the learning process.
- 4. Understanding Environmental and Assessment Factors: Learn about the factors affecting the learner's environment and assessment practices, and their impact on learning outcomes.
- 5. Strategies for Learning Management: Discuss strategies for effectively managing the learning process to optimize student engagement and achievement.
- 6. Development of Teaching-Learning Framework: Conceptualize a framework for understanding and evaluating teaching-learning situations, and analyze and reflect upon learning episodes.
- 7. Conceptualization of Learning Needs:

Conceptualize the needs of learners and the learning process to tailor educational experiences accordingly.

8. Understanding Group Dynamics for Learning Management:

Understand group dynamics and utilize them effectively for managing learning processes within a classroom setting.

9. Acquisition of Critical Analysis Tools:

Acquire conceptual tools for critical analysis and gain experience in engaging with diverse communities to enhance the learning environment.

10. Understanding Child Development in Socio-Cultural Contexts:

Develop an understanding of child development, learning processes, and the uniqueness of growing children within diverse socio-cultural contexts.

11. Application of Assessment Practices:

Understand and apply various assessment methods, evaluation techniques, and their relationships with learning outcomes.

12. Critical Analysis of Assessment Perspectives:

Critically analyze major perspectives of assessment to ensure fair and effective evaluation practices.

13. Role of Elementary Statistics in Assessment:

Understand the role of elementary statistics in assessment to interpret and analyze assessment data effectively.

14. Understanding the Teacher's Role:

Understand the multifaceted role of a teacher in facilitating learning, teaching effectively, and conducting fair assessment practices.

TC-202: Knowledge and Curriculum (Part-1)

After completion of the course the students will be able to -

1. Interconnection of Language and Society:

Gain an understanding of the dynamic interplay between language and society, including how language shapes and is shaped by social structures, norms, and interactions.

2. Language Acquisition Development:

Understand the process of language acquisition development, including the cognitive, social, and linguistic factors involved in language learning from infancy through adulthood.

3. Function of Language in Developmental Stages:

Explore the functions of language and how children utilize language as a tool for communication, expression, and cognition at different developmental stages.

4. Language Diversity in Educational Settings:

Recognize and appreciate the linguistic diversity present in classrooms, including variations in dialects, languages, and language backgrounds among students.

5. Classroom Discourse and Learning Tools:

Analyze classroom discourse patterns and the use of various learning tools, including reading materials, in context-specific areas of study to promote effective teaching and learning practices.

TC-203 & TC-301: Pedagogy of School subject

Pedagogy of Hindi

After completion of the course the students will be able to -

1. Understanding Objectives and Goals of Teaching Hindi:

Gain insight into the specific objectives and goals of teaching Hindi at the secondary level, including linguistic proficiency, cultural understanding, and literary appreciation.

2. Proficiency in Hindi Language Skills:

Acquire and master listening, speaking, reading, and writing skills in Hindi to effectively communicate and comprehend the language.

3. Application of Teaching Methods and Approaches:

Develop proficiency in applying various teaching methods, approaches, and techniques to effectively teach Hindi language and literature.

4. Teaching Different Genres of Hindi Literature:

Acquire expertise in teaching various genres of Hindi literature such as poetry, prose, drama, and novels, fostering students' appreciation and understanding of literary works.

5. Lesson Planning and Implementation:

Develop skills in planning and delivering lessons that incorporate diverse teaching methods and approaches, ensuring engagement and effective learning outcomes for students.

6. Assessment and Evaluation Strategies:

Master the ability to design and implement assessment and evaluation strategies aligned with the objectives of teaching Hindi, facilitating student progress and achievement.

Pedagogy of English

After completion of the course the students will be able to -

1. Understanding the Need and Status of English Teaching in India:

Acquire knowledge and understanding of the significance, necessity, and current status of teaching English in the Indian educational context.

2. Familiarity with Aims and Objectives of Teaching English as a Second Language: Gain insight into the aims, objectives, and expected outcomes of teaching English as a second language, considering the diverse linguistic backgrounds of learners.

3. Proficiency in Approaches, Methods, and Techniques of English Teaching:

Equip oneself with a repertoire of approaches, methods, and techniques for effectively teaching English language skills, including listening, speaking, reading, and writing.

4. Understanding the Role of Lesson Plans in English Teaching: Understand the importance and role of lesson planning in the effective delivery of English language instruction, ensuring structured and goal-oriented teaching practices.

Acquisition of Teaching Techniques and Skills for English Instruction: Develop proficiency in various teaching techniques and skills specifically tailored for teaching English, facilitating meaningful and engaging learning experiences for students.

Pedagogy of Sanskrit

After completion of the course the students will be able to -

- 1. Understanding the Aims, Objectives, and Status of Sanskrit as a Classical Language: Gain comprehension of the aims, objectives, and current status of Sanskrit as a classical language, including its cultural and historical significance.
- 2. Acquisition of Knowledge on Ancient Indian Teaching Methods for Sanskrit: Acquire knowledge of the ancient Indian methods of teaching Sanskrit language, literature, and grammar, exploring traditional pedagogical approaches.
- 3. Mastery of Pronunciation and Recitation in Sanskrit: Master the skills of accurate pronunciation and proficient recitation of Sanskrit chunks and verses, ensuring fidelity to traditional phonetic principles.
- 4. Appreciation of Sanskrit Literature and Cultural Importance: Develop an appreciation for Sanskrit literature and understand the role and importance of Sanskrit as a classical language worth preserving for its rich cultural heritage.
- 5. Mastering Teaching Skills and Techniques for Sanskrit Language and Literature: Acquire proficiency in the skills and techniques required for effectively teaching Sanskrit language and literature, incorporating innovative pedagogical approaches while honoring traditional methods.

Pedagogy of Mathematics

After completion of the course the students will be able to -

- 1. Comprehension of Mathematics Nature, Scope, and Historical Perspective: Gain an understanding of the nature, scope, and historical development of mathematics, including its fundamental concepts and applications.
- Understanding the Aims and Objectives of Mathematics Teaching: Understand the aims and objectives of teaching mathematics, including fostering critical thinking, problem-solving skills, and mathematical literacy.
- 3. Mastery of Skills, Methods, Approaches, and Techniques in Teaching Mathematics: Master a variety of skills, methods, approaches, and techniques for effectively teaching mathematics, catering to diverse learning styles and abilities.
- 4. Proficiency in Evaluation and Assessment of Mathematics Learning: Master the process of evaluation to assess the achievement of learners in mathematics, including designing and implementing assessment tools and strategies to measure student understanding and progress.

Pedagogy of Physical Science

After completion of the course the students will be able to -

1. Nature and Scope of Physical Science:

Physical science is a branch of natural science that studies the non-living systems of the universe, including physics, chemistry, astronomy, and earth sciences. It focuses on

understanding the fundamental principles, laws, and phenomena governing matter, energy, space, and time. The scope of physical science encompasses a wide range of topics, such as mechanics, thermodynamics, electromagnetism, atomic and molecular structure, chemical reactions, celestial bodies, and geological processes.

2. Acquiring and Mastering Skills of Teaching Physical Science:

Teaching physical science involves imparting knowled ge, fostering critical thinking skills, and promoting scientific inquiry among students. To master the skills of teaching physical science, educators need to:

- Have a deep understanding of scientific concepts and principles.
- Design engaging and interactive lessons that cater to diverse learning styles and abilities.
- Use a variety of teaching methods, such as demonstrations, experiments, simulations, discussions, and multimedia resources.
- Foster a supportive and inquiry-based learning environment that encourages curiosity, exploration, and problem-solving.
- Provide constructive feedback and assessment to monitor student progress and facilitate learning outcomes.
- Continuously update their knowledge and teaching strategies to incorporate advancements in the field of physical science and education.

3. Mastery in Laboratory Management of Physical Science:

Laboratory activities are essential for hands-on exploration, experimentation, and application of scientific principles in physical science education. Mastering laboratory management involves:

- Ensuring safety protocols and procedures are followed to prevent accidents and injuries.
- Organizing and maintaining laboratory equipment, materials, and resources.
- Planning and designing experiments that align with curriculum objectives and learning goals.
- Supervising and guiding students during laboratory activities to promote proper techniques, data collection, and analysis.
- Facilitating discussions and reflections to deepen understanding and reinforce key concepts.
- Evaluating laboratory performance and providing feedback to enhance learning outcomes.

4. Devising Pedagogical Strategies for Teaching Physical Science:

Pedagogical strategies for teaching physical science should be tailored to engage students, promote active learning, and foster conceptual understanding. Some effective pedagogical strategies include:

- Inquiry-based learning: Encouraging students to ask questions, explore phenomena, and design experiments to discover scientific principles.
- Conceptual modeling: Using visual aids, diagrams, and simulations to represent abstract concepts and facilitate comprehension.
- Collaborative learning: Engaging students in group activities, discussions, and projects to promote teamwork, communication, and problem-solving skills.

- Real-world applications: Relating scientific concepts to everyday experiences, current events, and practical applications to demonstrate relevance and stimulate interest.
- Differentiated instruction: Adapting teaching methods and materials to accommodate diverse learning needs, preferences, and abilities.

Pedagogy of Biological Science

After completion of the course the students will be able to -

1. Concept, Aims, and Objectives of Teaching Biological Science:

Biological science, also known as biology, is the study of living organisms and their interactions with the environment. The primary aim of teaching biological science is to foster an understanding of the principles and processes that govern life, from the cellular level to ecosystems. The objectives of teaching biological science include:

- Developing knowledge of biological concepts, including genetics, ecology, physiology, evolution, and biodiversity.
- Cultivating critical thinking skills to analyze and evaluate biological phenomena and scientific evidence.
- Promoting inquiry-based learning and scientific investigation to explore natural phenomena and solve problems.
- Instilling an appreciation for the interconnectedness of life and the importance of biodiversity conservation and environmental sustainability.
- 2. Role of Biological Science in the Development of Skills & Attitudes for Social Living: Biological science plays a crucial role in developing skills, attitudes, and values that contribute to social living and responsible citizenship. It helps students:
 - Develop scientific literacy and communication skills to understand and convey complex biological concepts and issues.
 - Cultivate curiosity, wonder, and appreciation for the natural world, fostering environmental stewardship and respect for biodiversity.
 - Promote ethical reasoning and decision-making regarding issues such as genetic engineering, medical ethics, and conservation.
 - Foster collaboration, teamwork, and empathy through group investigations, scientific inquiry, and community-based projects.
 - Encourage lifelong learning and engagement with scientific advancements, health promotion, and environmental sustainability efforts.
- 3. Mastering the Skills, Approaches, Methods, and Techniques of Teaching Biological Science: Effective teaching of biological science requires mastery of various skills, approaches, methods, and techniques, including:
 - Demonstrating enthusiasm and passion for the subject to inspire student interest and engagement.

- Incorporating hands-on laboratory activities, field trips, and real-world applications to enhance learning experiences.
- Using inquiry-based learning approaches, such as problem-solving, case studies, and project-based learning, to promote active engagement and critical thinking.
- Employing a variety of teaching methods and instructional technologies to accommodate diverse learning styles and preferences.
- Providing constructive feedback, scaffolding, and differentiated instruction to support student learning and development.
- Creating a supportive and inclusive learning environment that encourages curiosity, collaboration, and respect for diverse perspectives.

4. Acquiring the Qualities of Effective Biological Science Teachers:

Effective biological science teachers possess qualities such as:

- Content expertise: Deep understanding of biological concepts, principles, and research methods.
- Passion and enthusiasm: Genuine enthusiasm for teaching and learning, inspiring student interest and motivation.
- Communication skills: Clear communication and effective explanation of complex biological concepts in ways that are accessible and engaging to students.
- Adaptability: Flexibility to adjust teaching strategies and approaches to meet the diverse needs of students.
- Empathy and patience: Understanding and patience to support student learning and address individual needs and challenges.
- Commitment to continuous improvement: Willingness to reflect on teaching practices, seek feedback, and engage in professional development to enhance teaching effectiveness.

Pedagogy of Geography

After completion of the course the students will be able to –

1. Nature and Scope of Teaching Geography:

Geography is a multifaceted discipline that explores the Earth's physical features, human populations, cultures, economies, and environments. The nature of teaching geography involves imparting knowledge about the spatial patterns, processes, and interactions that shape our world. The scope of teaching geography encompasses various subfields, including physical geography (landforms, climates, ecosystems), human geography (population, urbanization, cultural landscapes), and environmental geography (sustainability, natural resource management).

2. Importance of Teaching Geography:

Teaching geography is crucial for several reasons

3. Geographic literacy:

Geography provides essential knowledge and skills for understanding the world, including spatial awareness, map reading, and global perspectives.

4. Cultural awareness:

Geography helps students appreciate the diversity of cultures, languages, religions, and lifestyles across different regions and countries.

5. Environmental awareness:

Geography fosters an understanding of environmental issues, such as climate change, resource depletion, habitat loss, and pollution, and promotes sustainable practices.

6. Global citizenship:

Geography cultivates a sense of global citizenship, encouraging students to engage with global challenges, contribute to sustainable development, and advocate for social justice and equity.

7. Career opportunities:

Geography opens doors to diverse career paths, including urban planning, environmental management, international relations, cartography, tourism, and geographic information systems (GIS).

8. Relationships of Geography with Other Social Sciences:

Geography intersects with other social sciences in various ways:

- Sociology: Geography examines spatial patterns of human behavior, social interactions, and cultural landscapes, complementing sociological perspectives on society, identity, and social change.
- Economics: Geography explores spatial distribution of resources, industries, trade routes, and economic activities, providing insights into economic development, globalization, and regional disparities.
- Political science: Geography analyzes territorial boundaries, geopolitical conflicts, and power dynamics within and between nations, contributing to political science studies on governance, sovereignty, and international relations.
- Anthropology: Geography studies human-environment interactions, settlement patterns, and cultural landscapes, overlapping with anthropological research on human societies, lifeways, and cultural diversity.
- 9. Acquiring Skills, Approaches, Methods, and Techniques of Teaching Geography: Effective teaching of geography involves:
 - Developing geographic literacy: Teaching map reading skills, spatial analysis, and geographic information systems (GIS) techniques.
 - Utilizing inquiry-based learning: Engaging students in geographic inquiry, fieldwork, case studies, and project-based learning to explore real-world issues and phenomena.
 - Integrating technology: Incorporating digital tools, interactive maps, satellite imagery, and virtual field trips to enhance learning experiences and geographic visualization.
 - Promoting active learning: Using cooperative learning, discussions, debates, and simulations to encourage student participation and critical thinking about geographic concepts and issues.
 - Emphasizing interdisciplinary connections: Integrating geography with other subjects, such as history, environmental science, economics, and cultural studies, to highlight interrelationships and interconnectedness of human and natural systems.

Pedagogy of History

After completion of the course the students will be able to -

1. Nature and Scope of Teaching History:

Teaching history involves the study of past events, people, societies, and cultures to understand how they have shaped the present and may influence the future. The nature of teaching history includes exploring historical narratives, analyzing primary and secondary sources, and interpreting evidence to construct an understanding of the past. The scope of teaching history encompasses various topics, periods, regions, and themes, ranging from ancient civilizations to contemporary events, and from political history to social, economic, cultural, and intellectual history.

2. Role and Importance of Teaching History:

Teaching history plays several crucial roles and holds significant importance.

3. Understanding human experience:

History provides insights into human experiences, achievements, struggles, conflicts, and triumphs, fostering empathy, perspective-taking, and appreciation for diversity.

4. Cultivating critical thinking:

History encourages critical thinking skills, such as analyzing evidence, evaluating sources, interpreting perspectives, and constructing arguments, which are essential for informed citizenship and decision-making.

- 5. Fostering identity and belonging: History helps individuals understand their own identities, cultures, and heritage, as well as those of others, fostering a sense of belonging, connection, and shared humanity.
- 6. **Promoting civic engagement:** History provides a context for understanding political institutions, democratic principles, social movements, and civic responsibilities, empowering individuals to participate in society as informed and active citizens.
- 7. **Preserving cultural memory:** History preserves and commemorates collective memories, traditions, and legacies, ensuring that past achievements, tragedies, and lessons learned are remembered and honored for future generations.

8. Relationships of History with Other Social Sciences: History intersects with other social sciences in various ways:

- ✓ **Sociology:** History explores social structures, institutions, and patterns of human behavior over time, complementing sociological perspectives on society, culture, and social change.
- Economics: History examines economic systems, development, trade, and globalization, providing insights into economic trends, policies, and impacts on societies and individuals.
- Political science: History analyzes political ideologies, systems of governance, revolutions, wars, and diplomacy, contributing to political science studies on power, authority, and political behavior.
- Anthropology: History studies human societies, cultures, and civilizations, complementing anthropological research on human origins, lifeways, and cultural diversity.

- 9. Acquiring Skills, Approaches, Methods, and Techniques of Teaching History: Effective teaching of history involves:
 - Developing historical thinking skills: Teaching students to analyze primary and secondary sources critically, interpret conflicting accounts, construct historical narratives, and contextualize events within broader historical frameworks.
 - Utilizing inquiry-based learning: Engaging students in historical inquiry, research projects, debates, simulations, and role-playing activities to explore historical questions, develop hypotheses, and reach informed conclusions.
 - Integrating technology: Incorporating digital tools, multimedia resources, archival materials, and online databases to enhance access to historical sources, facilitate research, and promote historical literacy.
 - Promoting narrative and storytelling: Using storytelling techniques, oral histories, primary documents, and multimedia presentations to bring historical events and figures to life and foster empathy and understanding.
 - Encouraging interdisciplinary connections: Integrating history with other subjects, such as literature, art, geography, and science, to explore multidimensional perspectives and connections between historical events and broader human experiences.

Pedagogy of Civics

After completion of the course the students will be able to -

1. Nature and Scope of Teaching Civics:

Civics education involves teaching about citizenship, government, rights, responsibilities, and civic engagement. The nature of teaching civics encompasses:

- ✓ Exploring the structure and functions of government at local, national, and global levels.
- Understanding democratic principles, such as rule of law, separation of powers, and checks and balances.
- ✓ Examining rights and responsibilities of citizens within a democratic society.
- ✓ Analyzing political processes, elections, public policy, and civic participation.
- ✓ Investigating social justice issues, civic activism, and movements for change.
- ✓ Promoting civic virtues, democratic values, and civic engagement among students.

2. Importance of Teaching Civics:

Teaching civics is crucial for several reasons.

3. Fostering informed citizenship:

Civics education provides students with the knowledge, skills, and dispositions necessary to participate effectively in civic life, make informed decisions, and engage in democratic processes.

4. Promoting civic engagement: Civics education encourages students to become active and responsible citizens who are aware of their rights, fulfill their civic duties, and contribute to the common good.

5. Safeguarding democracy:

Civics education helps safeguard democracy by promoting understanding of democratic principles, protecting civil liberties, and combating threats to democracy, such as ignorance, apathy, and political polarization.

6. Cultivating social cohesion:

Civics education fosters a sense of belonging, shared identity, and civic solidarity among diverse individuals and communities, promoting social cohesion and civic trust.

- 7. Empowering marginalized groups: Civics education empowers marginalized groups, including youth, immigrants, and disadvantaged communities, by equipping them with the knowledge and skills needed to advocate for their rights, challenge injustice, and participate in decision-making processes.
- 8. Relationships of Civics with Other Social Sciences: Civics intersects with other social sciences in various ways:
 - ✓ Political science: Civics shares common interests with political science in studying government structures, political processes, public policy, and political behavior, but with a focus on citizenship education and civic engagement.
 - ✓ Sociology: Civics draws on sociological perspectives to examine social structures, inequalities, identities, and collective actions within the context of citizenship, democracy, and social change.
 - Economics: Civics explores economic systems, public finance, and economic policies from a civic perspective, emphasizing the role of government in promoting economic opportunity, social welfare, and economic justice.
 - ✓ History: Civics utilizes historical knowledge to understand the development of democratic institutions, citizenship rights, and social movements, contextualizing contemporary issues within historical frameworks.
 - Acquiring Skills, Approaches, Methods, and Techniques of Teaching Civics: Effective teaching of civics involves.
 - Developing critical thinking skills: Teaching students to analyze political issues, evaluate arguments, weigh evidence, and form reasoned opinions on civic matters.
 - Encouraging civic participation: Engaging students in simulations, debates, community service projects, and advocacy activities to promote active citizenship and civic engagement.
 - ✓ **Using inquiry-based learning:** Facilitating student-led inquiries, research projects, case studies, and discussions to explore civic questions, dilemmas, and controversies.
 - Promoting democratic values: Fostering respect for diversity, tolerance, empathy, and democratic values, such as justice, equality, freedom, and human rights, through classroom discussions, role modeling, and experiential learning.

10. Integrating technology:

Incorporating digital tools, multimedia resources, online platforms, and social media to enhance civic learning experiences, facilitate civic dialogue, and promote civic action.

Pedagogy of Economics

After completion of the course the students will be able to -

1. Nature and Scope of Teaching Economics:

Teaching economics involves educating students about the production, consumption, and distribution of goods and services, as well as the allocation of resources in society. **The nature of teaching economics encompasses:**

- Exploring fundamental economic concepts, such as supply and demand, scarcity, opportunity cost, and market equilibrium.
- Analyzing economic systems, including capitalism, socialism, and mixed economies.
- Examining macroeconomic principles, such as inflation, unemployment, gross domestic product (GDP), and fiscal and monetary policy.
- Investigating microeconomic topics, such as individual decision-making, market structures, competition, and market failures.
- Considering economic issues related to globalization, trade, development, environmental sustainability, and income inequality.
- Applying economic theories and models to real-world situations and policy debates.

2. Importance of Teaching Economics:

Teaching economics is important for several reasons:

3. Promoting economic literacy:

Economics education equips students with the knowledge and skills needed to understand economic concepts, make informed decisions, and navigate economic challenges in their personal and professional lives.

4. Fostering critical thinking:

Economics encourages critical thinking skills by challenging students to analyze data, evaluate evidence, assess arguments, and consider alternative perspectives on economic issues.

5. Informing citizenship:

Economics education promotes informed citizenship by providing students with an understanding of economic institutions, policies, and processes, enabling them to engage in civic discourse, participate in democratic decision-making, and advocate for economic policies that benefit society.

6. Enhancing career readiness:

Economics education prepares students for a wide range of careers in fields such as business, finance, public policy, international relations, entrepreneurship, and academia, by providing them with a solid foundation in economic principles, theories, and analytical tools.

7. Addressing societal challenges:

Economics education equips students with the knowledge and tools to address pressing societal challenges, such as poverty, inequality, unemployment, environmental degradation, and global economic instability, through informed policy-making, social entrepreneurship, and community engagement.

- Relationships of Economics with Other Social Sciences: Economics intersects with other social sciences in various ways:
 - ✓ Political science: Economics and political science overlap in the study of political economy, which examines the relationship between politics and economics, including the role of government in regulating economic activity, shaping economic policy, and influencing distributional outcomes.
 - ✓ Sociology: Economics and sociology intersect in the study of economic sociology, which explores how social factors, institutions, and norms influence economic behavior, transactions, and outcomes, as well as the impact of economic processes on social structures, inequalities, and relationships.
 - Psychology: Economics and psychology converge in the field of behavioral economics, which integrates insights from psychology into economic analysis to understand how cognitive biases, emotions, and social influences affect economic decision-making, preferences, and outcomes.
 - Geography: Economics and geography intersect in the study of economic geography, which examines spatial patterns, flows, and processes of economic activity, including the location of industries, transportation networks, trade routes, urbanization, and regional development.
- 9. Acquiring Skills, Approaches, Methods, and Techniques of Teaching Economics: Effective teaching of economics involves:
 - Developing analytical skills: Teaching students to apply economic principles, theories, and analytical tools to analyze economic issues, interpret data, and evaluate policy options.
 - Using experiential learning: Engaging students in simulations, case studies, role-playing exercises, and real-world applications to illustrate economic concepts, promote active learning, and encourage critical thinking.
 - Incorporating multimedia resources: Utilizing multimedia resources, such as videos, interactive simulations, online databases, and economic games, to enhance learning experiences, illustrate complex concepts, and facilitate student engagement.
 - Encouraging debate and discussion: Facilitating class discussions, debates, and Socratic questioning to encourage critical inquiry, explore diverse perspectives, and foster intellectual curiosity.
 - Integrating technology: Incorporating technology tools, such as economic modeling software, data visualization tools, and online research platforms, to facilitate data analysis, research, and collaborative projects.

Pedagogy of Commerce

After completion of the course the students will be able to -

1. Nature and Scope of Teaching Commerce at the Higher Secondary Level:

Teaching commerce at the higher secondary level involves educating students about various aspects of business, trade, finance, and economics. The nature of teaching commerce includes:

- Exploring fundamental concepts of commerce, such as business organization, trade, marketing, accounting, finance, and entrepreneurship.
- Understanding the role of commerce in the economy, including its contribution to wealth creation, employment generation, and economic development.
- Examining different types of business entities, such as sole proprietorships, partnerships, corporations, and cooperatives, and their legal and regulatory frameworks.
- Analyzing financial markets, instruments, and institutions, including banking, insurance, stock exchanges, and capital markets.
- Investigating principles of marketing, including market research, product development, pricing strategies, distribution channels, and promotional techniques.
- Introducing students to basic accounting principles, financial statements, budgeting, taxation, and auditing processes.

2. Importance of Teaching Commerce at the Higher Secondary Level:

Teaching commerce at the higher secondary level is important for several reasons:

- Career readiness: Commerce education prepares students for a wide range of career opportunities in business, finance, accounting, marketing, management, and entrepreneurship.
- Economic literacy: Commerce education promotes economic literacy by providing students with knowledge and skills related to financial management, investment decision-making, consumer behavior, and business operations.
- Entrepreneurship development: Commerce education fosters an entrepreneurial mindset by encouraging students to identify opportunities, take calculated risks, and develop innovative solutions to business challenges.
- Financial literacy: Commerce education equips students with essential financial literacy skills, such as budgeting, saving, investing, and managing personal finances, to make informed financial decisions throughout their lives.
- Global perspective: Commerce education provides students with insights into global business practices, international trade, cross-cultural communication, and global economic trends, preparing them for participation in the global economy.
- Contribution to society: Commerce education enables students to understand the role of business in society, including its ethical responsibilities, social impact, and contribution to sustainable development.
- 3. Acquiring Skills, Approaches, Methods, and Techniques of Teaching Commerce at the Higher Secondary Level:

Effective teaching of commerce at the higher secondary level involves:

- ✓ **Developing conceptual understanding:** Teaching students' fundamental concepts and principles of commerce through clear explanations, examples, and real-world applications.
- ✓ Using case studies and real-world examples: Incorporating case studies, business simulations, and real-world examples to illustrate key concepts, analyze business scenarios, and encourage critical thinking.
- Encouraging active learning: Engaging students in discussions, debates, group projects, role-playing exercises, and problem-solving activities to promote active participation, collaboration, and application of knowledge.
- Integrating technology: Leveraging technology tools, such as multimedia presentations, online resources, educational apps, and virtual simulations, to enhance learning experiences, facilitate data analysis, and promote digital literacy.
- Providing experiential learning opportunities: Organizing field trips, industry visits, guest lectures, internships, and experiential learning projects to provide students with hands-on experience and exposure to real-world business environments.
- Assessing student learning: Using a variety of assessment methods, such as quizzes, tests, projects, presentations, and portfolios, to assess student understanding, skills development, and application of knowledge in commerce.

Pedagogy of Social Science

After completion of the course the students will be able to -

1. Understanding the Nature of Social Sciences:

- Social sciences encompass a range of disciplines, including sociology, psychology, anthropology, economics, political science, geography, history, and education, among others.
- Each social science discipline focuses on understanding different aspects of human behavior, societies, cultures, and interactions, using distinct theoretical frameworks, methodologies, and approaches.
- Social sciences as an interdisciplinary area of study involves integrating insights and perspectives from multiple disciplines to address complex social phenomena and challenges, such as poverty, inequality, globalization, and social justice.
- The interdisciplinary nature of social sciences allows for a holistic understanding of human societies and the interconnectedness of social, economic, political, cultural, and environmental factors shaping individual and collective experiences.
- Conceptual Understanding of Teaching and Learning Social Sciences:
- Teaching social sciences involves facilitating students' exploration and understanding of human behavior, societies, and cultures, through engaging, interactive, and inquiry-based learning experiences.
- Learning social sciences involves developing critical thinking skills, analyzing diverse perspectives, evaluating evidence, and applying concepts and theories to real-world situations.
- Effective teaching of social sciences requires creating a supportive learning environment, fostering active participation, promoting discussion and debate, and encouraging students to question assumptions and develop informed opinions.

 Learning in social sciences is enhanced through a variety of instructional strategies, such as case studies, simulations, role-playing, cooperative learning, experiential learning, and the use of multimedia resources.

2. Examining Pedagogical Practices and Reflecting on Desired Changes:

- Student teachers can critically examine prevailing pedagogical practices in social sciences classrooms by observing teaching methods, assessing student engagement and understanding, and reflecting on their own teaching experiences.
- They can reflect on the effectiveness of current practices in promoting student learning, critical thinking, and inquiry skills, and identify areas for improvement or alternative approaches.
- Desired changes in pedagogical practices may include incorporating more interactive and experiential learning activities, integrating technology tools, fostering greater student participation and collaboration, and providing opportunities for reflection and metacognition.
- ✤ Acquiring Knowledge and Skills to Transact the Social Sciences Curriculum Effectively:
- Student teachers can acquire knowledge and skills to teach the social sciences curriculum effectively by studying curriculum frameworks, standards, and objectives, and understanding key concepts and themes within each social science discipline.
- They can explore a range of teaching-learning strategies and methods, such as differentiated instruction, project-based learning, inquiry-based learning, and flipped classroom approaches, to make social sciences education enjoyable, relevant, and engaging for students.
- They can develop skills in lesson planning, instructional design, assessment, and classroom management tailored to the specific needs and interests of diverse learners in social sciences classrooms.

3. Sensitizing and Equipping Student Teachers to Handle Social Issues and Concerns Responsibly:

- ✓ Student teachers can be sensitized to social issues and concerns through discussions, case studies, readings, and experiential learning activities that raise awareness of environmental sustainability, disaster management, inclusive education, social exclusion, and socioeconomic disparities.
- They can develop skills in addressing social issues responsibly by learning about ethical considerations, cultural competence, and inclusive teaching practices that promote social justice, equity, and respect for diversity.
- ✓ Training on handling social issues may include strategies for creating inclusive and supportive learning environments, addressing sensitive topics with sensitivity and empathy, and advocating for social change through education and community engagement.

TC-204: Assessment of Learning

After completion of the course the students will be able to -

- 1. Critical Understanding of Issues in Assessment and Evaluation from a Constructivist Paradigm:
 - In the constructivist paradigm, assessment and evaluation are viewed as dynamic processes that involve understanding and interpreting students' knowledge, skills, and understanding within the context of their learning experiences.
 - Assessment is seen as more than just measuring outcomes; it is about understanding how learners construct knowledge, solve problems, and demonstrate understanding in authentic contexts.
 - Key issues in assessment and evaluation from a constructivist perspective include the need for authentic and meaningful assessment tasks, consideration of students' prior knowledge and experiences, and recognition of diverse ways of knowing and learning.

2. Key Concepts:

Formative and Summative Assessment, Evaluation, and Measurement:

- Formative assessment involves gathering information about students' progress and understanding during the learning process to provide feedback, support learning, and guide instruction.
- Summative assessment occurs at the end of a learning period to evaluate students' overall achievement and performance against established criteria or standards.
- Evaluation involves making judgments about the quality, effectiveness, and impact of teaching and learning practices, including assessment methods and procedures.
- Measurement refers to the process of assigning numerical values or scores to student performance on assessment tasks to quantify their achievement or proficiency.

3. Different Kinds and Forms of Assessment that Aid Student Learning:

- Performance assessments: Tasks that require students to demonstrate skills, apply knowledge, or solve problems in real-world contexts.
- Portfolios: Collections of student work that showcase growth, progress, and achievement over time.
- Self-assessment and peer assessment: Opportunities for students to reflect on their own learning and provide feedback to their peers.
- ✓ Authentic assessments: Tasks that simulate real-world tasks and challenges relevant to students' lives and future endeavors.

4. Use of a Wide Range of Assessment Tools and Learning to Select and Construct Them Appropriately:

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 Educators can utilize various assessment tools, such as rubrics, checklists, rating scales, observation protocols, and diagnostic assessments, to gather information about student learning.

- Selecting and constructing assessment tools requires consideration of alignment with learning objectives, validity, reliability, fairness, and authenticity.
- Constructing assessments involves designing clear, specific, and meaningful tasks or prompts that elicit evidence of students' knowledge, skills, and understanding.

5. Evolving Realistic, Comprehensive, and Dynamic Assessment Procedures that Keep the Whole Student in View:

- Effective assessment procedures should be realistic, comprehensive, and dynamic, taking into account the diverse needs, backgrounds, and abilities of students.
- Comprehensive assessment procedures consider multiple dimensions of student learning, including cognitive, affective, and psychomotor domains.
- Dynamic assessment procedures recognize the ongoing nature of learning and development allowing for flexibility, adaptation, and growth over time.
- Keeping the whole student in view involves considering students' strengths, interests, learning styles, cultural backgrounds, and socio-emotional well-being in assessment processes.

P-205: Drama and Art in education (EPC 2: Practicum)

After completion of the course the students will be able to -

- 1. Understanding the Concept of Drama in Education and as Pedagogy:
 - Drama in education involves using theatrical techniques, role-playing, improvisation, and storytelling to engage students in active learning experiences.
 - It fosters creativity, critical thinking, empathy, communication skills, and collaboration among students.
 - As a pedagogy, drama encourages experiential learning, exploration of complex themes and issues, and personal expression.
 - Organizing Drama as an Activity on the Stage: Solo, Group, etc.:
 - Drama activities can be organized in various formats, including solo performances, group performances, skits, plays, and improvisational exercises.
 - Students can be involved in all aspects of production, from scriptwriting and character development to stage design and performance.
 - Teachers can create opportunities for students to showcase their talents and creativity through drama performances in school events, competitions, and community productions.

2. Understanding and Appreciating Indian and Regional Drama Traditions:

- India has a rich tradition of drama, including classical forms like Sanskrit drama, folk theatre traditions like Nautanki, Yakshagana, and Bhavai, as well as modern theatre movements.
- Exploring Indian and regional drama traditions provides students with insights into cultural heritage, historical narratives, social issues, and artistic expressions.
- Teachers can incorporate elements of Indian and regional drama traditions into classroom activities, performances, and discussions to promote cultural appreciation and understanding.

3. Reviewing and Assessing Drama as a Performing Art:

- Assessing drama as a performing art involves evaluating students' performances based on criteria such as acting skills, characterization, vocal expression, stage presence, and interpretation of roles.
- ✓ Assessment methods may include teacher observations, peer feedback, self-assessment, rubrics, and performance reviews.
- ✓ Assessment should focus not only on the final product but also on the process of rehearsal, collaboration, creativity, and reflection.
- ✓ Understanding the Concept of Visual Art and Craft in the Propagation of Education.
- ✓ Visual art and craft involve creating and interpreting visual images, objects, and artifacts using various media, techniques, and forms.
- ✓ In education, visual art and craft serve as powerful tools for fostering creativity, self-expression, aesthetic appreciation, and cultural understanding.
- ✓ They provide opportunities for students to explore diverse themes, experiment with materials, and develop fine motor skills and spatial awareness.

4. Understanding Visual Art and Craft as Pedagogy:

- Visual art and craft pedagogy emphasizes hands-on learning, experimentation, and creative expression through artistic processes.
- It encourages students to observe, imagine, create, and reflect on their experiences and interpretations of visual images and objects.
- Visual art and craft activities can be integrated into various subject areas to enhance learning, stimulate imagination, and engage students in multisensory experiences.

5. Acquiring Knowledge of Visual Art and Craft, Its Different Forms, Basic Resources, and Their Use:

- Teachers should acquire knowledge of different forms of visual art and craft, including drawing, painting, sculpture, printmaking, ceramics, textiles, and mixed media.
- They should understand basic art materials, tools, and techniques, as well as safety procedures and practices for working with various media.
- Teachers can provide students with opportunities to explore and experiment with a wide range of art materials and techniques to develop their skills and creativity.

6. Acquiring Knowledge of Indian Contemporary Art and Artists and Appreciating Their Work of Art:

- Teachers should familiarize themselves with Indian contemporary art movements, styles, themes, and prominent artists.
- ✓ They can expose students to contemporary Indian art through gallery visits, artist talks, exhibitions, and multimedia resources.
- Appreciating Indian contemporary art allows students to engage with diverse artistic expressions, cultural perspectives, and social commentary.

7. Reviewing and Assessing Visual Art and Craft:

- Assessing visual art and craft involves evaluating students' artwork based on criteria such as creativity, originality, technical skill, composition, and artistic expression.
- Assessment methods may include portfolio reviews, critiques, exhibitions, self-assessment, and rubrics.
- Assessment should focus on both the process of artmaking and the final product, encouraging students to reflect on their artistic choices, problem-solving strategies, and growth as artists.

P-302: School Internship Report (Practice of Teaching: Practicum) After completion of the Course the students will be able to -

- 1. Understanding and Experiencing the Actual Teaching-Learning Situation in School:
 - This involves observing and immersing oneself in the daily activities and dynamics of a school environment.
 - By participating in classroom activities, interacting with students and teachers, and observing teaching methods, a teacher gains firsthand experience of the teaching-learning process.
- 2. Preparing a Lesson Plan and Applying it During Teaching in an Actual Classroom Situation:
 - Lesson planning involves outlining the objectives, content, instructional strategies, and assessment methods for a specific lesson.
 - Implementing the lesson plan in the classroom allows the teacher to apply theoretical knowledge to real-world teaching situations and adapt instruction based on student responses and needs.

3. Using Teaching Skills Useful to Teach a Particular Topic of the Given Subject:

- ✓ Teaching skills encompass a range of competencies, including communication, classroom management, instructional strategies, and assessment techniques.
- Tailoring teaching skills to a specific topic involves selecting appropriate instructional methods, adapting content to student interests and abilities, and facilitating meaningful learning experiences.
- 4. Preparing Teaching Aids to Make Teaching More Effective, Interesting, and Easy for Students to Understand the Concept of the Content Taught:
 - Teaching aids, such as visual aids, multimedia presentations, manipulatives, and real-life examples, enhance student engagement and understanding.
 - Creating and utilizing teaching aids effectively involves aligning them with lesson objectives, reinforcing key concepts, and accommodating diverse learning styles and preferences.
- 5. Acting in the Class as a Facilitator, Classroom Manager, and an Able Observer to Facilitate, Manage, and Identify Learning Situations:
 - A teacher acts as a facilitator by guiding and supporting student learning through inquiry, discussion, and problem-solving activities.

- As a classroom manager, the teacher establishes and maintains a positive and productive learning environment, ensuring that classroom routines and procedures are followed.
- By observing student interactions, responses, and progress, the teacher identifies learning needs, challenges, and opportunities for intervention or support.

6. Preparing Tests to Achieve the Objectives of Learning:

- ✓ Test preparation involves designing assessments that align with learning objectives, measure student mastery of content, and provide meaningful feedback.
- ✓ Tests may include a variety of formats, such as multiple-choice, short-answer, essay, performance-based, or project-based assessments.

7. Identifying, Studying, and Finding Viable Solutions to Classroom Issues Through Action Research:

- Action research involves systematically identifying and investigating classroom issues or challenges, developing strategies for improvement, and evaluating their effectiveness through reflection and data analysis.
- By engaging in action research, teachers can address specific concerns, improve teaching practices, and enhance student learning outcomes.

8. Detecting and Solving Students' Problems Through Case Studies:

- Case studies involve analyzing hypothetical or real-life scenarios to understand student challenges, motivations, and learning needs.
- By examining case studies, teachers can develop insights into effective strategies for addressing individual student problems and promoting academic success.

9. Preparing Timetables, Blueprints, Maintaining Registers, and Managing Classes:

- Timetable preparation involves scheduling and organizing instructional activities, breaks, and other events to optimize learning time and resources.
- ✓ Blueprints outline the scope and sequence of curriculum content, learning objectives, and assessment methods for a course or subject.
- Maintaining registers involves keeping accurate records of attendance, grades, and other relevant information.
- Class management involves establishing expectations, routines, and procedures to create a positive and orderly learning environment conducive to student engagement and success.

P-303: Assessment of Practice Teaching in Selected Subject (Practicum)

After completion of their practice teaching students will be able to -

1. Teaching Skills:

- Use a variety of instructional strategies to cater to different learning styles and abilities.
- Clearly articulate lesson objectives and provide explanations that are easily understood by students.
- Encourage active participation and engagement through questioning techniques, discussions, and group activities.

- Provide constructive feedback and reinforcement to students to support their learning progress.
- Adapt teaching methods based on student responses and needs.

2. Professional Attitude and Aptitude:

- Demonstrate enthusiasm and passion for teaching and learning.
- Maintain a positive and respectful attitude towards students, colleagues, and school staff.
- Continuously seek opportunities for professional development and growth.
- Take responsibility for student learning outcomes and academic progress.
- Exhibit professionalism in all interactions and uphold ethical standards.

3. Gesture, Posture, Body Language, and Facial Expression:

- ✓ Use open and welcoming body language to create a supportive and inclusive classroom environment.
- ✓ Maintain good posture and eye contact to convey confidence and attentiveness.
- ✓ Use gestures and facial expressions to emphasize key points and engage students' interest.
- ✓ Demonstrate approachability and empathy through nonverbal cues.

4. Classroom Management:

- Establish clear expectations, rules, and routines from the beginning of the school year.
- Proactively address behavior issues with consistency, fairness, and respect.
- Monitor student behavior and engagement levels throughout the lesson.
- Use positive reinforcement and praise to encourage desired behaviors.
- Implement effective strategies for managing transitions, group work, and classroom disruptions.

5. Social Skills:

- Build positive relationships with students based on trust, respect, and empathy.
- Demonstrate active listening and communication skills to understand student needs and concerns.
- Foster a sense of community and belonging among students by promoting collaboration and teamwork.
- Create opportunities for students to interact socially and develop interpersonal skills.

6. Teaching Ability:

- ✓ Deliver instruction that is engaging, relevant, and aligned with curriculum standards.
- Demonstrate deep subject knowledge and expertise through accurate explanations and examples.
- ✓ Scaffold learning experiences to support students at different levels of proficiency.
- ✓ Encourage critical thinking, problem-solving, and creativity in student responses.

✓ Assess student understanding and adjust instruction accordingly to address misconceptions or gaps in learning.

7. Knowledge and Control Over the Subject Content:

- Demonstrate mastery of the subject matter through clear and comprehensive explanations.
- Provide accurate information and relevant examples to illustrate key concepts.
- Anticipate and respond to student questions and inquiries with confidence.
- Incorporate real-world applications and connections to deepen student understanding.
- Continuously expand and update subject knowledge through professional development and research.

TC-401: Gender, School and Society

After completion of the course the students will be able to -

- **1. Understanding the Psychological and Sociological Perspective of Gender:**
 - Psychological perspective: This involves examining how individuals perceive and internalize gender roles, identities, and expectations, and how these influence their thoughts, emotions, and behaviors.
 - Sociological perspective: This focuses on understanding gender as a social construct, shaped by cultural norms, socialization processes, power dynamics, and institutional structures. It explores how gender roles are constructed, maintained, and challenged within societies.

2. Acquiring Knowledge of Women's Education and Law:

- Women's education: This involves understanding historical barriers to women's education, efforts to promote gender equity in education, and the importance of providing equal educational opportunities for girls and women. It also includes knowledge of initiatives aimed at increasing access to education for girls and empowering women through education.
- Law: This entails familiarity with legal frameworks and policies related to gender equality, women's rights, and education. It includes knowledge of laws prohibiting gender discrimination in education, promoting girls' education, and addressing issues such as gender-based violence and harassment in educational settings.

3. Understanding the Importance of Gender Sensitization for the Healthy Growth of Society:

- ✓ Gender sensitization involves raising awareness and fostering understanding of gender issues, stereotypes, and inequalities, with the aim of promoting respect, equality, and social justice.
- Gender sensitization is important for fostering inclusive and harmonious social relationships, challenging harmful gender norms and biases, and creating supportive environments for individuals of all genders to thrive.

4. Understanding the Relationship Among Gender, School, and Society:

- Gender, school, and society are interconnected in complex ways. Schools are social institutions that reflect and perpetuate societal norms and values related to gender.
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- Gender dynamics in schools influence educational experiences, opportunities, and outcomes for students. Schools play a role in socializing individuals into gender roles and identities, reinforcing or challenging gender stereotypes, and addressing gender-based discrimination and inequality.
- At the same time, schools can serve as sites for promoting gender equity, empowering students to critically examine gender norms, and fostering respect for diversity and inclusion.
- 5. Understanding the Role of Education in Minimizing Gender Disparity:
 - Education plays a crucial role in challenging gender disparities by providing opportunities for girls and women to access quality education, develop skills and knowledge, and pursue their aspirations.
 - Quality education can empower girls and women to break free from traditional gender roles, pursue higher education and careers, and participate fully in social, economic, and political life.
 - Educational interventions, such as gender-sensitive curriculum, teacher training on gender equity, and initiatives to address barriers to girls' education, are essential for minimizing gender disparities and promoting gender equality in society.

TC-402: Knowledge and Curriculum (Part-2)

After completion of the course the students will be able to understand -

- 1. Interplay of Language and Society:
 - Language is intricately intertwined with society, as it serves as a primary means of communication and social interaction.
 - Society influences language through cultural norms, values, and social structures, shaping vocabulary, grammar, and linguistic conventions.
 - At the same time, language reflects societal dynamics, including power relations, social hierarchies, and identity formation.

2. The Development Process of Language Acquisition:

- Language acquisition refers to the process through which individuals acquire the ability to understand and use language.
- This process typically begins in infancy, as infants are exposed to language input from their caregivers and environment.
- Language development progresses through stages, including babbling, one-word utterances, telegraphic speech, and eventually, complex sentence structures and vocabulary.
- Factors influencing language acquisition include environmental stimuli, cognitive development, social interactions, and individual differences.
- 3. Function of Language and How Children Use Them as a Tool at Different Developmental Stages:
 - ✓ Language serves various functions for children at different developmental stages, including expressing needs and desires, sharing information, socializing, and constructing meaning.

- ✓ In early childhood, language is primarily used for communication and social interaction, as children learn to engage in conversations, follow instructions, and express emotions.
- ✓ As children mature, language becomes a tool for cognitive development and academic learning, enabling them to comprehend and produce increasingly complex ideas and texts.

4. Language Diversity in Classrooms:

- Classrooms often reflect linguistic diversity, with students from different linguistic backgrounds and language proficiency levels.
- Language diversity in classrooms presents both opportunities and challenges for teaching and learning, as educators strive to support students' language development while ensuring equitable access to academic content.
- Culturally responsive teaching practices recognize and value students' linguistic and cultural backgrounds, incorporating diverse languages and dialects into instructional activities and materials.

5. Classroom Discourse, Tools of Learning, and Reading in Context Areas:

- Classroom discourse refers to the language and communication patterns that occur during instructional interactions between teachers and students.
- Effective classroom discourse fosters student engagement, critical thinking, and collaborative learning through dialogue, questioning, and discussion.
- Tools of learning encompass a variety of resources and strategies used to support student learning, including visual aids, technology, manipulatives, and hands-on activities.
- Reading in context areas involves integrating reading instruction and practice across different subject areas, such as science, social studies, and mathematics, to enhance students' content knowledge and literacy skills.

TC-403: Creating and Inclusive School

After completion of the course the students will be able to -

- 1. Demonstrate Knowledge of Different Perspectives in the Area of Education of Children with Disabilities:
 - Understand various theoretical frameworks and models of disability, such as the medical model, social model, and biopsychosocial model.
 - Familiarize oneself with different educational approaches and interventions for children with disabilities, including inclusive education, special education, and individualized education plans (IEPs).
 - Recognize the importance of considering the unique needs, strengths, and abilities of each child with a disability.

2. Reformulate Attitudes Towards Children with Special Needs:

- Challenge stereotypes and misconceptions about children with disabilities.
- Foster a mindset of inclusion, acceptance, and respect for diversity among students, teachers, and the broader community.

 Promote positive attitudes towards children with special needs by highlighting their capabilities, achievements, and contributions.

3. Identify Needs of Children with Diversities:

- Conduct comprehensive assessments to identify the strengths, challenges, and learning needs of children with disabilities.
- Collaborate with parents, caregivers, and professionals, such as special educators, therapists, and medical professionals, to gather information and develop a holistic understanding of each child's needs.
- Consider the impact of environmental factors, such as physical accessibility, social support, and instructional accommodations, on children's learning and participation.

4. Plan Need-Based Programs for All Children with Varied Abilities in the Classroom:

- Develop individualized education plans (IEPs) or individualized learning plans (ILPs) that outline goals, strategies, and accommodations tailored to each child's unique needs.
- Design differentiated instruction and learning activities to address diverse learning styles, preferences, and abilities within the classroom.
- Collaborate with support staff, such as teaching assistants, therapists, and counselors, to implement inclusive programs and provide targeted support to children with disabilities.

5. Use Human and Material Resources in the Classroom:

- Maximize the use of available human resources, such as trained personnel, volunteers, and peer support, to provide individualized assistance and support to children with disabilities.
- Ensure access to appropriate assistive technologies, adaptive equipment, and learning materials that facilitate the participation and engagement of children with diverse needs.
- Create a supportive and inclusive classroom environment that fosters collaboration, mutual respect, and shared responsibility for all students.

6. Use Specific Strategies Involving Skills in Teaching Special Needs Children in Inclusive Classrooms:

- Implement evidence-based teaching strategies and instructional techniques that address the diverse needs of children with disabilities, such as differentiated instruction, Universal Design for Learning (UDL), and multisensory instruction.
- ✓ Provide targeted support and accommodations, such as visual supports, modified assignments, and flexible seating arrangements, to help children with disabilities access and engage in learning activities.
- ✓ Foster peer support and collaboration among students by promoting inclusive practices, peer tutoring, and cooperative learning opportunities.

7. Modify Appropriate Learner-Friendly Evaluation Procedures:

 Adapt assessment methods and evaluation procedures to accommodate the diverse learning styles, abilities, and needs of children with disabilities.

- Use alternative assessment strategies, such as performance-based assessments, portfolios, and verbal presentations, to assess students' progress and achievement in inclusive classrooms.
- Provide feedback and support that is constructive, individualized, and sensitive to the needs and preferences of each child with a disability.
- 8. Incorporate Innovative Practices to Respond to Education of Children with Special Needs:
 - Stay informed about emerging research, trends, and best practices in the field of special education and inclusive education.
 - Experiment with innovative teaching approaches, technologies, and interventions that have been shown to be effective in supporting the learning and development of children with disabilities.
 - Foster a culture of continuous improvement and experimentation by encouraging collaboration, reflection, and ongoing professional development

9. Contribute to the Formulation of Policy:

- ✓ Advocate for policies and legislation that promote the rights, inclusion, and equitable access to education for children with disabilities.
- Participate in policy development processes at the local, regional, and national levels, and provide input based on firsthand experiences and expertise in the field of special education.
- Collaborate with policymakers, advocacy organizations, and other stakeholders to address systemic barriers and improve educational opportunities and outcomes for children with special needs.

10. Implement Laws Pertaining to Education of Children with Special Needs:

- Ensure compliance with relevant laws, regulations, and guidelines governing the education and rights of children with disabilities, such as the Individuals with Disabilities Education Act (IDEA), Section 504 of the Rehabilitation Act, and the Americans with Disabilities Act (ADA).
- Advocate for the full implementation of legal protections and entitlements that guarantee access to appropriate educational services, accommodations, and supports for children with special needs.
- Work collaboratively with school administrators, educators, and families to ensure that policies and practices are aligned with legal requirements and promote the inclusion and success of children with disabilities in educational settings.

Optional Courses

TC-404 A: Vocational/Work Education

After completion of the course the students will be able to -

1. Having Sufficient Knowledge of the Course:

- Ensure a thorough understanding of the content, objectives, and outcomes of the course.
- Familiarize oneself with relevant theories, concepts, principles, and best practices in work education.
- Stay updated on current trends, research findings, and developments in the field of work education.

2. Selecting Teaching Strategies and Teaching Aids with Notes:

- Choose appropriate teaching strategies and methods that align with the goals and objectives of work education.
- Utilize a variety of instructional techniques, such as demonstrations, hands-on activities, role-plays, and discussions, to engage students and enhance learning.
- Prepare teaching aids, materials, and notes to support instruction and facilitate understanding of key concepts and skills.

3. Understanding the Nature of the Work, Scope, or Area:

- Recognize the diverse nature and scope of work education, which encompasses practical skills, vocational training, career exploration, and character development.
- Understand the relevance of work education in preparing students for employment, entrepreneurship, and lifelong learning.
- Identify potential areas of focus within work education, such as vocational trades, technical skills, life skills, or community service.

4. Performing Socially Useful Productive Work:

- Emphasize the importance of socially useful and productive work that contributes to the well-being of individuals, communities, and society.
- Provide opportunities for students to engage in hands-on projects, service-learning initiatives, or vocational activities that have real-world applications and impact.
- Foster a sense of responsibility, teamwork, and civic engagement through meaningful work experiences.

5. Developing the Concept of Work Education in General Education Suitable for India:

- Adapt work education principles and practices to the Indian context, considering cultural values, socioeconomic factors, and educational needs.
- Promote the integration of work education into the broader framework of general education, emphasizing its role in holistic development and employability.

 Advocate for policies and initiatives that prioritize the inclusion and enhancement of work education in school curricula nationwide.

6. Developing Relationships with Other Subjects in the School Curriculum:

- Identify interdisciplinary connections and synergies between work education and other subjects in the curriculum, such as science, math, social studies, and language arts.
- Collaborate with teachers from different disciplines to integrate work-related concepts, skills, and activities into cross-curricular projects and lessons.
- Emphasize the interdisciplinary nature of work education and its relevance to various academic domains and real-world contexts.

7. Developing Qualities and Functions of a Good Teacher:

- Cultivate qualities such as empathy, patience, enthusiasm, and adaptability that are essential for effective teaching and mentorship in work education.
- Fulfill the multiple roles and functions of a teacher in work education, including facilitator, role model, mentor, and guide.
- Foster positive relationships with students, colleagues, parents, and community stakeholders to create a supportive learning environment.

8. Distinguishing Work Education from Work Experience:

- ✓ Differentiate between work education, which emphasizes the acquisition of practical skills, knowledge, and attitudes relevant to work and life, and work experience, which involves on-the-job training or internships in specific fields.
- Highlight the educational objectives and outcomes of work education, such as personal development, career exploration, employability skills, and social responsibility.
- Emphasize the complementary nature of work education and work experience in preparing students for successful transition to the workforce or further education.

9. Understanding Evaluation in Work Education:

- Develop appropriate methods and criteria for assessing student learning and performance in work education, including formative and summative assessments.
- Design assessment tasks and rubrics that measure both cognitive and practical skills, as well as attitudes and work habits.
- Provide constructive feedback and support to help students reflect on their progress, set goals, and improve their work-related competencies.

10. Understanding the Need for Social Service Projects:

- Recognize the importance of social service projects in promoting civic engagement, empathy, and social responsibility among students.
- Identify community needs and issues that can be addressed through social service projects, such as environmental conservation, poverty alleviation, health promotion, or education outreach.

 Engage students in meaningful service-learning experiences that allow them to apply their skills and knowledge to make a positive impact on society while fostering personal growth and leadership development.

TC-404 B: Health and Physical Education

After completion of the course the students will be able to -

1. Concept of Health and Physical Education:

Health and Physical Education encompasses the promotion of physical fitness, mental well-being, and healthy lifestyle habits. It involves educating individuals about the importance of regular physical activity, proper nutrition, stress management, and overall health maintenance. Health and Physical Education programs aim to empower individuals to make informed decisions regarding their health and to develop lifelong habits that contribute to their well-being.

2. Knowledge of Different Systems of the Human Body:

Understanding the human body involves knowledge of its various systems, including the skeletal system, muscular system, cardiovascular system, respiratory system, digestive system, nervous system, and endocrine system. Each system plays a unique role in maintaining the body's function and overall health. Learning about these systems helps individuals understand how their bodies work and how to maintain optimal health.

3. Understanding Food, Food Habits, and Nutrients for Maintaining Good Health:

Food and nutrition are essential components of maintaining good health. Acquiring knowledge about different food groups, nutrients (such as carbohydrates, proteins, fats, vitamins, and minerals), and their roles in the body helps individuals make healthy dietary choices. Understanding food habits, portion control, and balanced nutrition contributes to overall well-being and prevents nutrition-related health problems.

4. Knowledge of Safety and Security Outside the School, First Aid, and Safety Measures: It's important for individuals to be aware of safety and security measures to protect their health outside of the school environment. This includes knowledge of first aid techniques for addressing common injuries and emergencies, as well as understanding safety measures related to transportation, recreation, outdoor activities, and personal hygiene practices to prevent illness and injury.

5. Knowledge of Physical Fitness, Strength, Endurance, and Flexibility:

Physical fitness involves various components, including cardiovascular endurance, muscular strength, muscular endurance, flexibility, and body composition. Acquiring knowledge about these components helps individuals design and implement effective exercise programs tailored to their fitness goals and abilities, leading to improved overall health and physical performance.

6. Acquisition of Knowledge and Skills in Yogic Practices, Sports and Games, Exercises, and Related Activities:

Yogic practices, sports, games, exercises, and other physical activities contribute to physical fitness, mental well-being, and overall health. Acquiring knowledge and skills in these areas helps individuals develop coordination, agility, balance, strength, and flexibility, while also promoting relaxation, stress reduction, and emotional resilience.

TC-404 C: Peace Education

After completion of the course the students will be able to -

1. Understanding Peace as a Dynamic Social Reality:

Peace is more than just the absence of conflict; it's a dynamic and multifaceted social reality characterized by harmony, justice, cooperation, and well-being at various levels – individual, interpersonal, societal, and global. Achieving and maintaining peace requires addressing root causes of conflict, promoting social justice, fostering inclusive societies, and building sustainable relationships based on mutual respect and understanding.

2. Understanding Conflicts, Underlying Personal-Social Processes, and Mediation and Transformation of Conflict:

Conflicts arise from a multitude of factors, including differences in values, beliefs, interests, and identities. Understanding the underlying personal and social processes involved in conflicts is essential for effective conflict resolution. Mediation and conflict transformation involve facilitating communication, promoting empathy, identifying common interests, and finding mutually acceptable solutions that address underlying needs and concerns, thereby transforming conflicts into opportunities for positive change and growth.

3. Empowerment of Self through Critical Self-Reflection:

Empowerment involves gaining awareness of one's own strengths, values, beliefs, and biases, and actively engaging in critical self-reflection to understand one's role in perpetuating or mitigating conflicts. Through critical self-reflection, individuals can identify and challenge their own assumptions, prejudices, and attitudes, leading to personal growth, increased empathy, and a deeper understanding of others. Empowering oneself through critical self-reflection is a crucial step towards contributing to peace and social justice.

4. Orienting Education for Peacebuilding:

Education plays a vital role in promoting peacebuilding by fostering values such as tolerance, empathy, respect for diversity, and conflict resolution skills among individuals and communities. Orienting education for peacebuilding involves integrating peace education into curricula, promoting intercultural understanding and global citizenship, teaching non-violent communication and conflict resolution strategies, and creating inclusive and participatory learning environments that empower students to become agents of positive social change.

TC-404 D: Guidance and Counseling

After completion of the course the students will be able to know understand and apply -

1. The Knowledge of Guidance and Counseling in the Life of Individuals:

Guidance and counseling play essential roles in supporting individuals in various aspects of their lives. Guidance refers to the process of providing advice, direction, and assistance to help individuals make informed decisions and navigate challenges in different life domains, such as education, career, relationships, and personal development. Counseling, on the other hand, involves the provision of professional assistance and therapeutic support to individuals experiencing psychological, emotional, or behavioral difficulties.

Guidance and counseling encompass a range of services and techniques, including:

- **Career counseling:** Helping individuals explore career options, set goals, and make career-related decisions.
- Academic counseling: Assisting students in academic planning, study skills, time management, and addressing learning challenges.
- **Personal counseling:** Providing support for individuals dealing with issues such as stress, anxiety, depression, self-esteem, grief, and interpersonal conflicts.
- **Relationship counseling:** Supporting individuals or couples in resolving relationship issues, communication problems, and conflict resolution.
- **Crisis intervention:** Offering immediate support and guidance to individuals facing emergencies, trauma, or crisis situations.

The knowledge and practice of guidance and counseling can empower individuals to overcome challenges, make positive changes, and lead fulfilling lives.

2. The Concept of Guidance and Its Role in Finding Solutions to Individual Problems: Guidance serves as a valuable resource in helping individuals identify, understand, and address their problems effectively. It offers a supportive and nonjudgmental environment where individuals can explore their concerns, clarify their goals, and develop strategies for problem-solving and decision-making.

The role of guidance in finding solutions to individual problems includes:

- Providing information and resources: Offering relevant information, resources, and referrals to help individuals access the support and assistance they need.
- Facilitating self-awareness: Assisting individuals in gaining insight into their strengths, weaknesses, values, interests, and preferences to make informed choices.
- Offering perspective and feedback: Providing objective feedback, alternative viewpoints, and constructive criticism to help individuals gain clarity and perspective on their situations.
- Teaching coping skills: Equipping individuals with practical skills, techniques, and coping strategies to manage stress, overcome obstacles, and adapt to change.
- Empowering decision-making: Supporting individuals in evaluating options, weighing pros and cons, and making decisions aligned with their values, goals, and priorities.

TC-404E: Issue of Conservation and Environmental Regeneration

- Concept of Environmental Education: Environmental education is a holistic approach to learning that aims to increase awareness and understanding of environmental issues, promote responsible behavior towards the environment, and foster skills for sustainable living. It encompasses various disciplines, including ecology, conservation, sustainability, and environmental science, and is often interdisciplinary in nature.
- 2. Awareness of Environmental Pollution, Hazards, Causes, and Remedies: Environmental pollution refers to the introduction of harmful substances or pollutants into the environment, causing adverse effects on ecosystems, human health, and biodiversity. Common

types of pollution include air pollution, water pollution, soil contamination, and noise pollution. Understanding the causes of pollution, such as industrial activities, urbanization, deforestation, and improper waste management, is crucial for identifying effective remedies, including pollution prevention, mitigation measures, and sustainable practices.

- 3. Sense of Responsibility towards Conservation of Environment, Biodiversity, and Sustainable Development: Developing a sense of responsibility involves recognizing the interconnectedness of human activities with the environment and understanding the importance of preserving natural resources, protecting biodiversity, and promoting sustainable development. This includes adopting practices that minimize environmental impact, supporting conservation efforts, advocating for policy changes, and actively participating in community initiatives aimed at environmental protection and sustainability.
- 4. Role of School Education in Fostering Harmony with Nature: Schools play a vital role in instilling values, knowledge, and skills related to environmental stewardship and sustainability. By integrating environmental education into the curriculum, incorporating outdoor learning experiences, promoting eco-friendly practices within school operations, and engaging students in environmental projects and initiatives, schools can nurture a culture of appreciation for nature and a commitment to living in harmony with the environment.
- 5. Measures to Conserve the Environment for Sustainable Development: Conservation measures aim to protect natural resources, preserve ecosystems, and promote sustainable use of environmental resources to meet the needs of present and future generations. These measures include:
 - Conservation of biodiversity through habitat preservation, protected areas, and species conservation programs.
 - Promotion of renewable energy sources and energy efficiency initiatives to reduce greenhouse gas emissions and combat climate change.
 - Adoption of sustainable land management practices, such as organic farming, afforestation, and soil conservation.
 - Implementation of waste reduction, recycling, and pollution control measures to minimize environmental impact and promote circular economy principles.
 - Advocacy for sustainable consumption and lifestyle choices that prioritize environmental conservation and social responsibility.

TC-404 F: Yoga Education

- Understanding Philosophy, Psychology, and Kinds of Yoga: Yoga is deeply rooted in philosophical traditions, particularly in ancient Indian philosophies such as Vedanta and Samkhya. It encompasses psychological aspects related to mindfulness, self-awareness, and mental well-being. There are various kinds of yoga, including Hatha, Raja, Bhakti, Karma, Jnana, and Kundalini, each focusing on different aspects of practice, such as physical postures, meditation, devotion, action, knowledge, and energy cultivation.
- Understanding the Physiology of Socio-Moral-Based Kinds of Dhyana: Dhyana refers to meditation practices within the yogic tradition. Socio-moral-based dhyana would likely

involve techniques aimed at cultivating virtues, empathy, compassion, and moral behavior. Physiologically, these practices may involve regulating breath, calming the nervous system, and inducing states of relaxation and focus that facilitate moral reflection and ethical development.

- 3. Understanding the Socio-Moral Base of Yoga: Yoga is not just a set of physical exercises; it also has a strong socio-moral foundation. Many yogic texts emphasize principles such as non-violence (Ahimsa), truthfulness (Satya), non-stealing (Asteya), moderation (Brahmacharya), and non-possessiveness (Aparigraha). Practicing yoga is seen as a means to develop not only physical health but also moral character and social consciousness.
- 4. Classifying Yoga: Yoga can be classified in various ways, including.
- **5. Based on the primary focus:** Physical (Hatha), mental (Raja), devotional (Bhakti), service-oriented (Karma), and knowledge-oriented (Jnana).
- 6. Based on intensity: Gentle/restorative, moderate, and vigorous/powerful.
- **7. Based on method:** Postural (Ashtanga, Bikram), breath-centered (Pranayama), meditative (Dhyana), and philosophical.
- 8. Understanding Yoga Diet and Its Application in the Modern Context: Yoga advocates for a sattvic diet, which is pure, light, and nourishing. It includes fresh fruits, vegetables, whole grains, nuts, seeds, and dairy products. Avoiding processed foods, meat, caffeine, and alcohol is encouraged. In the modern context, adhering to a yoga diet can support overall health and well-being, providing necessary nutrients while minimizing toxins and promoting harmony between body and mind.

TC-404G: Value Education and Human Rights

- 1. Concept, Meaning, Types, and Methods of Teaching Value Education: Value education aims to instill ethical values, moral principles, and social responsibility in individuals. It involves imparting knowledge about virtues such as honesty, empathy, respect, and responsibility. Types of value education can include moral education, character education, and citizenship education. Methods for teaching value education vary and may include storytelling, role-playing, discussions, community service projects, and reflective exercises.
- 2. Human Rights in Education, UNESCO, Role of School, Human Rights: Human rights in education refer to ensuring that every individual has access to quality education without discrimination. UNESCO plays a significant role in promoting human rights in education globally, advocating for inclusive and equitable education systems. Schools are essential in upholding human rights by providing a safe and supportive learning environment, promoting diversity and inclusion, and teaching about human rights principles and responsibilities.
- 3. Judicial Activism and Human Rights in Education: Judicial activism involves courts taking an active role in interpreting laws and ensuring the protection of rights, including in the realm of education. Courts may intervene to address issues such as discrimination, inequality, inadequate resources, or violations of students' rights within educational institutions. Judicial activism can play a crucial role in upholding human rights in education by holding authorities accountable and advocating for equitable educational opportunities for all.

I. Custodial Justice, Standard Rules for Treatment of Prisoners, UN Principles for Protection of Principles: Custodial justice pertains to the fair and humane treatment of individuals within the criminal justice system, including prisoners. The Standard Minimum Rules for the Treatment of Prisoners, established by the United Nations, provide guidelines for ensuring the rights, dignity, and well-being of prisoners. The UN Principles for the Protection of Persons with Mental Illness and the Improvement of Mental Health Care outline specific rights and safeguards for individuals with mental illness, including those within custodial settings.

P-405: Critical Understanding of ICT (EPC-3: Practicum)

After completion of the course the students will be able to -

- 1. Understanding the Concept of ICT and Its Uses in Education: ICT stands for Information and Communication Technology, encompassing a wide range of technologies used to manage and communicate information. In education, ICT refers to the integration of digital tools and resources to enhance teaching and learning experiences. This includes computers, the internet, multimedia tools, interactive whiteboards, and educational software. ICT in education facilitates access to information, promotes active learning, enhances collaboration, and prepares students for the digital age. It enables personalized learning experiences, supports distance education, and provides opportunities for skill development and knowledge acquisition beyond traditional classroom settings.
- 2. Acquiring Knowledge and Skills to Use ICT as Teaching-Learning Resources: Educators need to acquire knowledge and skills to effectively integrate ICT into their teaching practices. This involves familiarizing themselves with various digital tools, educational software, and online resources relevant to their subject areas and instructional goals. Teachers should understand how to use ICT to engage students, facilitate interactive learning experiences, assess student progress, and provide timely feedback. Professional development programs, workshops, and online courses can help educators develop the necessary competencies to leverage ICT for teaching and learning effectively.
- 3. Acquiring Functional Knowledge to Operate and Use LCD Projector, Radio, and Audio-Visual Presentation via Computer as Media: Operating equipment such as LCD projectors, radios, and audio-visual presentation tools requires practical knowledge and skills. Educators should learn how to set up and configure these devices, troubleshoot common issues, and utilize them effectively in educational settings. Training programs or tutorials can help teachers become proficient in using these technologies to deliver engaging presentations, conduct multimedia lessons, and enhance classroom interactions.
- 4. Acquiring Knowledge and Skills to Prepare Teaching-Learning Content Using MS-WORD, EXCEL, POWER POINT, Graphs, Pictures, Tables, etc.: Creating teaching-learning content using software applications like MS-Word, Excel, and PowerPoint allows educators to develop engaging and interactive materials for instruction. Teachers should learn how to design visually appealing presentations, create multimedia resources, and incorporate graphs, pictures, tables, and other visual aids to enhance learning experiences. Training in these software tools enables educators to organize content effectively, present information clearly, and customize materials to meet the diverse needs of students.
- Acquiring Knowledge and Skills to Use the Internet as a Teaching-Learning Resource: The internet offers a vast array of resources and opportunities for teaching and learning.

across various subjects and disciplines. Educators should acquire the knowledge and skills to navigate the internet effectively, evaluate online resources for quality and relevance, and integrate web-based materials into their instructional practices. This includes accessing educational websites, digital libraries, online databases, multimedia resources, and interactive learning platforms. Teachers can use the internet to supplement curriculum content, facilitate research projects, promote collaborative learning, and encourage digital literacy skills development among students. Training programs and professional development initiatives can support educators in harnessing the full potential of the internet as a teaching-learning resource.

P-406: Understanding the Self (EPC-4: Practicum)

- 1. Exploring the Aim of Life: The aim of life is a deeply personal and philosophical question that has puzzled humanity for centuries. Different cultures, religions, and individuals may have varying perspectives on this matter. Some may believe that the aim of life is to seek happiness and fulfillment, while others may see it as a journey towards spiritual enlightenment or serving others. Ultimately, discovering the aim of one's life involves introspection, self-awareness, and a deep exploration of values, passions, and aspirations.
- 2. Discovering One's True Potential: Each individual possesses unique talents, strengths, and capabilities waiting to be discovered and nurtured. Finding one's true potential involves self-exploration, pushing boundaries, and stepping out of comfort zones. It requires a willingness to take risks, learn from failures, and embrace growth. Through self-reflection, feedback from others, and continuous learning, individuals can uncover their innate abilities and strive towards realizing their fullest potential.
- 3. Developing Sensitivity: Sensitivity refers to the ability to perceive and understand the emotions, perspectives, and needs of oneself and others. Developing sensitivity involves cultivating empathy, compassion, and emotional intelligence. It requires actively listening to others, being open-minded, and considering diverse viewpoints. Sensitivity fosters deeper connections with others, promotes understanding and acceptance, and contributes to harmonious relationships in personal and professional settings.
- 4. Finding and Working Towards Peace, Progress, and Harmony: Peace, progress, and harmony are essential aspirations for both individuals and societies. Finding these states involves striving for balance, justice, and cooperation while addressing conflicts and inequalities. It requires promoting dialogue, tolerance, and mutual respect among diverse groups. Working towards peace, progress, and harmony entails addressing social, economic, and environmental challenges while fostering collaboration and collective action for the greater good.
- 5. Facilitating Personal Growth as an Application in Teaching: Teaching serves as a powerful platform for facilitating personal growth among students. Educators can create environments that encourage self-discovery, critical thinking, and creativity. By fostering a growth mindset, providing constructive feedback, and offering opportunities for reflection, teachers empower students to unlock their potential and pursue their aspirations. Integrating personal growth into teaching involves promoting values such as resilience, empathy, and self-awareness while nurturing a love for learning and a sense of purpose in students' lives.



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